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2 DATE: 06/27/2013

3 START TIME: 0758 EDT

4 DURATION: 01:43:00

5 PARTICIPANTS: DR. MIRILASHVILI

6 CONFIDENTIAL SOURCE

7 a/k/a CS

8 ABRAHAM CORREA

9

10

1 [BEGINNING OF CONVERSATION]

2 [UNDERLINED WORDS SPOKEN IN ENGLISH]

3 [BACKGROUND CONVERSATION]

4 DR. MIRILASHVILI: La Antigua Jose. [UNINTELLIGIBLE] Come on, come on,
5 now. [UNINTELLIGIBLE] Do you speak English?

6 CORREA: Do you understand English?

7 CS: A little.

8 CORREA: This Dr. Michael Mirilashvili. He's the pain doctor. He's going to
9 read your records then he's going to show you the problems you
10 have in the diagram. Then he's going to tell you what he can do for
11 with and give you the remedy.

12 CS: Okay.

13 DR. MIRILASHVILI: He has to pay for the visit.

14 CORREA: Now you have to pay him for the visit [PAUSE] Two hundred
15 dollars. And this is your receipt for the records.

16 CS: Okay.

17 DR. MIRILASHVILI: Thank you sir.

18 CORREA: Thank you [PAUSE].

19 DR. MIRILASHVILI: [UNINTELLIGIBLE] I need some time to read this paper.

20 CORREA: Give him a minute so he can read your, your [PAUSE]

21 [VOICES OVERLAP]

22 CS: Oh, okay.

1 CORREA: [PAUSE] papers.

2 [BACKGROUND: VOICES, TELEVISION SET ON, COUGHING]

3 [LONG PAUSE]

4 DR. MIRILASHVILI: Okay, come to me please.

5 CORREA: Get up. He's going to [UNINTELLIGIBLE].

6 DR. MIRILASHVILI: Come.

7 CORREA: Get closer.

8 DR. MIRILASHVILI: Come. This is your [PAPER SHUFFLING] skeleton of
9 your bones.

10 CORREA: This is the skeleton of [PAUSE]

11 [VOICES OVERLAP]

12 CS: Uh-huh.

13 CORREA: [PAUSE] [NOISE] of your bones.

14 DR. MIRILASHVILI: What I would do right now I will point to your attention
15 which part of the bone, muscle, ligaments are involve in
16 your problem.

17 CORREA: Right now he's going to point out to you where you have your
18 muscle and bone problems.

19 CS: Uh-huh.

20 DR. MIRILASHVILI: Then I will explain to you what's going on wrong.

21 CORREA: Then he's going to explain what's wrong with you.

1 DR. MIRILASHVILI: Okay, and after the examination I will discuss with you
2 what I can do for you.

3 CORREA: After he examines you he'll tell you what he can do for
4 you.

5 CS: Okay.

6 DR. MIRILASHVILI: You see this brown color bone?

7 CORREA: Do you see the, the brown bones that are there?

8 CS: Yes.

9 DR. MIRILASHVILI: This is your vertebrae.

10 CORREA: That's what's called vertebrae...

11 [VOICES OVERLAP]

12 DR. MIRILASHVILI: You have twenty-four...

13 CORREA: This one here.

14 DR. MIRILASHVILI: ...bones like this make that be the entire spine.

15 CORREA: You have twenty-four bones that make up your spine.

16 CS: Uh-huh.

17 DR. MIRILASHVILI: You see the yellow light fluid?

18 CORREA: Do you see the yellow here inside the, the bone?

19 CS: Uh-huh.

20 DR. MIRILASHVILI: This is your disc.

1 CORREA: That's what's called the discs. That....

2 [VOICES OVERLAP]

3 DR. MIRILASHVILI: This keep keeping each vertebrae away [PHONETIC] and
4 working as a cushion and absolvent when you're standing,
5 sitting, or walking.

6 CORREA: The disc works like a sponge that, that keeps the bones separated
7 so it can help prevent them from coming together.

8 CS: Okay.

9 DR. MIRILASHVILI: Do you see these tiny lines between the bones, tiny...

10 [VOICES OVERLAP]

11 CORREA: Do you see the...

12 DR. MIRILASHVILI: Lines?

13 CORREA: Do you see the, the line he's showing you?

14 CS: Yes.

15 DR. MIRILASHVILI: This is your facet joint, the lining [PHONETIC] from the
16 neck all the way down.

17 CORREA: That's what's called facet joint, which runs from the top to the
18 bottom.

19 CS: Okay.

20 DR. MIRILASHVILI: Do you, do you see this dark brown color spots here?

21 CORREA: Do you see the brown he's showing you right now?

22 CS: Yes.

1 DR. MIRILASHVILI: Uh, yes?

2 CS: Yes.

3 DR. MIRILASHVILI: Sacroiliac joint. This is sacroiliac joint.

4 CORREA: Those are called sacroiliac joint, that's what it's called.

5 DR. MIRILASHVILI: Now, the main function of these two joints when
6 there normal, when they're flexible, are properly hold and
7 carrying all the loads coming from the spine.

8 CORREA: The, the function of the two bones he showed you is to hold the
9 weigh from top to bottom.

10 CS: Okay.

11 DR. MIRILASHVILI: Do you see this opening here and nerve coming through?

12 CORREA: Do you see the openings right there? That's where the nerves go
13 through.

14 CS: Uh-huh.

15 [VOICES OVERLAP]

16 DR. MIRILASHVILI: This is your spinal cord.

17 CORREA: That's what's called the spine.

18 DR. MIRILASHVILI: Your spinal cord are the huge trunk containing x number of
19 the pair nerves, give the branches to the left side, give the
20 branches to the right side.

21 CORREA: Through your spine, through [UNINTELLIGIBLE] nerves which
22 go through both left and right side of your [PAUSE]

23 DR. MIRILASHVILI: This is your

1

[VOICES OVERLAP]

2

CORREA: ...bones.

3

DR. MIRILASHVILI: paraspinal muscle running from the neck, neck all the way down.

5

CORREA: That's what's called uh, paraspinal muscle which runs from your neck to your waist down.

7

CS: Okay.

8

DR. MIRILASHVILI: The usual function of this muscle is a full support of your spine.

10

CORREA: Its function is to [NOISE] hold everything in its place.

11

DR. MIRILASHVILI: Now, what's going on wrong? Now, look [PAUSE]

12

CORREA: The... [PAUSE]

13

[VOICES OVERLAP]

14

DR. MIRILASHVILI: ... here.

15

CORREA: ...problem you have.

16

DR. MIRILASHVILI: This is the lumbar [PHONETIC] spine one, two, three, four, five.

18

CORREA: That's bone L1, L2, L3, four and five.

19

DR. MIRILASHVILI: Alright? [UNINTELLIGIBLE] what this says, your disc with this yellow fluid, which is proper, properly hold by four ligament, one of the ligaments is ruptured and this fluid is leaking out.

23

CORREA: What's happening to you is that, what he's saying is that your disc is leaking, the fluid leaked on the side and now you have

24

1 both bones coming together.

2 DR. MIRILASHVILI: When the disc is gone or [UNINTELLIGIBLE] uh, along
3 the vertebrae slipping forward [UNINTELLIGIBLE]
4 vertebrae.

5 CORREA: When that happens both bones come together from top to bottom.

6 CS: Uh-hum.

7 DR. MIRILASHVILI: And nerve coming through on the left side and right side is
8 in trapped [PHONETIC].

9 CORREA: What can happen, the nerve that goes through right side and the
10 left side gets pinched.

11 DR. MIRILASHVILI: When the nerve is in trapped [PHONETIC] you feel
12 numbness and tingling sensation in your lower extreme
13 [PHONETIC].

14 CORREA: When that happens you feel your legs numb, you feel like a, like a
15 tingling sensation.

16 DR. MIRILASHVILI: After this [BACKGROUND: NOISE] disc
17 [UNINTELLIGIBLE] your joint, your facet joint and
18 sacroiliac joint become hypertrophic [PH].

19 CORREA: When that happens, the facet joint and the sacroiliac joint get hard.
20 [UNINTELLIGIBLE].

What this means for you... if this, this [UI] this ligaments
cannot hold the, all the weight is coming from the spine.

23 CORREA: What that means is that with your weight it doesn't hold from the
24 neck down.

25 DR. MIRILASHVILI: Because your [UNINTELLIGIBLE] your lower back
26 [PAUSE]

1 CORREA: When that happens in the middle of what he just showed you ...is
2 that you have... [NOISE], you have the problem.

3 DR. MIRILASHVILI: [PAUSE] and the, and the severe lower back pain.

4 CORREA: And you get a lot of in the [PAUSE]

5 [VOICES OVERLAP]

6 DR. MIRILASHVILI: So numbness [PAUSE]

7 CORREA: [PAUSE] [UNINTELLIGENT][PAUSE]

8 DR. MIRILASHVILI: [PAUSE] numbness coming from the nerve
9 [UNINTELLIGIBLE] and pain coming from the facet and
10 sacroiliac joint hypertrophy.

11 CORREA: That you get numbness on this side of the leg and then the muscle
12 gets, gets hypertrophy.

13 DR. MIRILASHVILI: Your spinal cord becomes spasmotic. What this means,
14 every morning you may experiencing stiffness in your
15 lower back.

16 CORREA: When that happens... what happens is that, that your spine
17 becomes spasmotic and then in the morning you feel that in
18 the bottom... you, you get a lot of pain where you can
19 barely move.

20 DR. MIRILASHVILI: Any questions?

21 CORREA: Do you have questions for him?

22 CS: No, is okay I understand.

23 CORREA: Okay, thank you. [RUSTLING SOUND] [UNINTELLIGIBLE
24 CONVERSATION] Now he's going to ask you a couple of
25 questions now.

1

[BACKGROUND: NOISE]

2

DR. MIRILASHVILI: What he needs, he needs a [UNINTELLIGIBLE], sit down and take care of all the patients, right?

3

4

CORREA: [LAUGHS]

5

CS: [CHUCKLES]

6

[PAUSE]

7

DR. MIRILASHVILI: Okay. [NOISE] Now, I'll ask a question, you answer to my questions. For, in your lower back pains, sitting down, which leg, left or right?

8

9

CORREA: The pain you get in your, in your back goes through, through your left or right leg?

10

CS: Sometimes both. When [PAUSE]

11

[VOICES OVERLAP]

12

DR. MIRILASHVILI: Both sides.

13

CS: When [UNINTELLIGIBLE].

14

CORREA: Yeah.

15

DR. MIRILASHVILI: Both sides.

16

CORREA: On both sides.

17

DR. MIRILASHVILI: But more where, the left or right?

18

CORREA: It happens more on which one?

19

CS: On the left.

1 DR. MIRILASHVILI: Left. [NOISE] So [UNINTELLIGIBLE] [PAUSE]

2 CS: [COUGHING]

3 DR. MIRILASHVILI: [PAUSE] [UNINTELLIGIBLE] on the, the left sides...
4 right sides.

5 CS: [COUGHING]

6 DR. MIRILASHVILI: Okay. This pain travels above the knee or run all the way
7 down to your toe?

8 CORREA: The pain runs down to your ankle over here or does it
9 continue down to your toes?

10 CS: No, up to the ankle.

11 CORREA: Up to the knee.

12 DR. MIRILASHVILI: Above the knee. Above... the knee. Your pain travels in the
13 front, inside, outside or behind?

14 CORREA: Your pain runs on top, on the outside, on the inside or in the back?

15 CS: Inside.

16 CORREA: The inside.

17 DR. MIRILASHVILI: Inside. Can you ask [PAUSE]

18 CS: [COUGHS]

19 DR. MIRILASHVILI: [PAUSE] how long he got this pain?

20 CORREA: How long have you had this pain?

21 CS: It's been a while already. Like [PAUSE]

1 CORREA: Like how long?

2 CS: I think it's been more than, almost eight months or a year.

3 CORREA: About eight months.

4 DR. MIRILASHVILI: Now, describe me... uh, ask him to describe to me... does
5 he feel hot burning sensation, electrical pulsating sensation
6 or shocks, shooting, stabbing [NOISE] pains?

7 CORREA: Do you feel, like, electricity, like if it's burning or like stabbing?
8 How do you feel?

9 CS: Like, like electricity and like, like shocks.

10 CORREA: Electricity and like shocks.

11 [PAUSE]

12 DR. MIRILASHVILI: What was the cause of his, his [NOISE] trouble eight
13 months ago?

14 CORREA: What happened to you eight months ago that now you have that
15 problem?

16 CS: A fall.

17 CORREA: He fell down.

18 DR. MIRILASHVILI: Whe, where?

19 CORREA: Where?

20 CS: Um... playing basketball.

21 CORREA: Playing basketball.

22 DR. MIRILASHVILI: Sport injury. [PAUSE] Okay. Now, any... hospital? They,

1 they took him hospital...

2 [VOICES OVERLAP]

3 CORREA: Did you go, did you go...

4 [VOICES OVERLAP]

5 DR. MIRILASHVILI: After that?

6 CORREA: To the hospital for that?

7 CS: Uh, yes... to the hospital and then they sent me to some place and I
8 wasn't able to go back, [NOISE] but I went to the hospital.

9 CORREA: He went to the hospital and then they sent him somewhere else, but
10 he didn't get to go to the other place they sent him to
11 because he, they told him to go to the other place.

12 DR. MIRILASHVILI: So they didn't see him in the hospital?

13 CORREA: Did they see you in the hospital?

14 CS: Yes, but... uh... they told me to wait; they saw me and I waited,
15 but I had to work and I left with the pain. I had to go back.

16 CORREA: He went to the hospital [BACKGROUND: TELEPHONE RINGS]
17 and they saw him, but he couldn't stay long. He had to go,
18 he had to [PAUSE]

19 [VOICES OVERLAP]

20 DR. MIRILASHVILI: Alright. And which...

21 [VOICES OVERLAP]

22 CORREA: He needed to go to work.

1 DR. MIRILASHVILI: Which hospital?

2 CORREA: What hospital did you go to?

3 [BACKGROUND: TELEPHONE RINGS]

4 CS: To Harlem.

5 CORREA: Harlem Hospital?

6 CS: Yeah.

7 DR. MIRILASHVILI: Okay. What medicine he's taking for this pain?

8 CORREA: What medication are you taking for that?

9 CS: That the uh... M, M30 [PH].

10 CORREA: M, M30 [PAUSE]

11 DR. MIRILASHVILI: Oxycodone

12 [VOICES OVERLAP]

13 CS: Yeah, yeah, yeah

14 DR. MIRILASHVILI: Oxycodone. Alright. He's allergic to any medication?

15 CORREA: That if you're allergic...

16 [VOICES OVERLAP]

17 CS: No.

18 CORREA: To any medication?

19 CS: Uh-uh.

1

[PAUSE]

2 DR. MIRILASHVILI: Any medical problem?

3 CORREA: That if you have any medical problems [PAUSE]

4 [VOICES OVERLAP]

5 CS: No, no, no, no.

6 CORREA: Diabetes, Hepatitis? No?

7 DR. MIRILASHVILI: Hepatitis [PAUSE]

8 CS: No.

9 DR. MIRILASHVILI: HIV?

10 CS: No.

11 DR. MIRILASHVILI: Ja [PAUSE]

12 CORREA: Blood pressure?

13 DR. MIRILASHVILI: Ja [PAUSE]

14 CORREA: Asthma?

15 CS: No, nothing [PAUSE]

16 DR. MIRILASHVILI: Drug [PAUSE]

17 CS: [PAUSE] nothing.

18 DR. MIRILASHVILI: [PAUSE] abuse?

19 CORREA: That if you, if you use drugs?

1 CS: No, no. [BACKGROUND: TELEPHONE RINGS] [COUGHS]

2 DR. MIRILASHVILI: Any surgery, any operations?

3 CORREA: That if you've had um, operations [BACKGROUND:
4 TELEPHONE RINGS] before?

5 CS: No.

6 [PAUSE]

7 DR. MIRILASHVILI: He's married, single?

8 CORREA: If you're married or single?

9 CS: Uh, single.

10 CORREA: Single.

11 DR. MIRILASHVILI: Children?

12 CORREA: Do you have children?

13 CS: Yes, three.

14 CORREA: Three.

15 DR. MIRILASHVILI: In his family anybody has a stroke, cancer, diabetes?

16 CORREA: In your family is there anyone with cancer, diabetes?

17 CS: No.

18 DR. MIRILASHVILI: Heart problem, high [PAUSE]

19 [VOICES OVERLAP]

1 CORREA: Are there any problems [PAUSE]

2 DR. MIRILASHVILI: [PAUSE] blood pressure?

3 CORREA: [PAUSE] with the heart, high blood pressure?

4 CS: No. [PAUSE] Family's fine.

5 DR. MIRILASHVILI: That's, [NOISE] put this one in your pocket, the paper.

6 CS: Oh, okay.

7 CORREA: Put the paper away... [RUSTLING SOUND] and stand up because
8 he's going to examine you.

9 DR. MIRILASHVILI: Okay, right here. [RUSTLING SOUND]
10 [UNINTELLIGIBLE CONVERSATION]

11 DR. MIRILASHVILI: Stand up, stand up.

12 CORREA: Stand up.

13 DR. MIRILASHVILI: Okay, [UNINTELLIGIBLE]. [NOISE] Now, walk for me.

14 CORREA: Walk from the wall and then... Walk, turn around and walk back.

15 [PAUSE]

16 DR. MIRILASHVILI: Turn around, bend over.

17 CORREA: Bend over.

18 DR. MIRILASHVILI: Okay, that's good. Bend to the right side.

19 CORREA: To the right. To the [PAUSE]

20 [VOICES OVERLAP]

1 DR. MIRILASHVILI: To the left [PAUSE]

2 CORREA: [PAUSE] left side.

3 DR. MIRILASHVILI: [PAUSE] side.

4 CORREA: Give him your [PAUSE]

5 DR. MIRILASHVILI: Give me [PAUSE]

6 CORREA: [PAUSE] hands.

7 DR. MIRILASHVILI: [PAUSE] give me your hands. Stand on your heels.

8 CORREA: Stand like him, with the back of your feet. With the back of your
9 feet... Uh-huh.

10 DR. MIRILASHVILI: [UNINTELLIGIBLE] [PAUSE]

11 [VOICES OVERLAP]

12 CORREA: With your toes.

13 DR. MIRILASHVILI: [PAUSE] and your toes.

14 CORREA: Stand on your toes.

15 DR. MIRILASHVILI: You got poor coordination because is no good blood
16 circulation going to the right, to the left.

17 CORREA: Um, when, when you stand you have... your circulation is bad,
18 since you have a pinched nerve, that's why you can
19 [PAUSE]

20 [VOICES OVERLAP]

21 CS: Uh-huh.

1 CORREA: Use the stairs sit down here and put your leg
2 [UNINTELLIGIBLE].PAUSE] barely stand.

3 DR. MIRILASHVILI: Use the stairs sit there and put your feet forward.

4 [RUSTLING SOUND]

5 DR. MIRILASHVILI: Press, press [PHONETIC].

6 CORREA: Move [UNINTELLIGIBLE].

7 [RUSTLING SOUND]

8 DR. MIRILASHVILI: Relax, relax. You're doing fine.Hold it, hold it.
9 [RUSTLING SOUND] [UNINTELLIGIBLE] varicose
10 veins.

11 CORREA: You have varicose veins, which are bad.

12 DR. MIRILASHVILI: Okay, this pain, this varicose is giving him the swelling and
13 giving the pain when he's walking.

14 CORREA: When you walk... when you're vein is like that your legs swell up
15 and you get pain.

16 DR. MIRILASHVILI: And be careful with this vein to jump around because
17 what's going on, this blood clot can uh... travels in your
18 heart, in [NOISE] your lung, it gives you heart attack or
19 stroke.

20 CORREA: You have be careful with running or jumping because if one of
21 those gets, gets damaged it can go up to your heart and give
22 you a stroke

23 [BACKGROUND: NOISE]

24 CS: Yes, but I don't, don't have pain.

25 CORREA: He say he don't be having pain over there. He says it's bad because

1 it's swollen.

2 CS: Oh, yeah! Uh-huh, [UNINTELLIGIBLE].

3 CORREA: He said that he doesn't really be having pain there though. But I'm
4 explaining to him that you said that they're, they bad
5 though so he gotta be careful with them.

6 DR. MIRILASHVILI: Uh-huh. Don't scratch, let him know, uh, uh, let, let me
7 know if he feel this about the same, less or more.

8 [BACKGROUND: NOISE]

9 CORREA: He's going to move your leg. You have to tell him if you feel it
10 more, less or the same.

11 [PAUSE]

12 CS: I feel it more.

13 CORREA: You feel it more on this side? He feels it more on this side.

14 DR. MIRILASHVILI: Don't move your leg please.

15 [VOICES OVERLAP]

16 CS: Okay.

17 CORREA: Don't move your leg.

18 [LONG PAUSE]

19 [NOISE]

20 CS: [UNINTELLIGIBLE].

21 DR. MIRILASHVILI: So lets say more. Push your [NOISE] leg up against my
22 [PAUSE]

1

[VOICES OVERLAP]

2 CORREA: Lift your leg [PAUSE]

3 DR. MIRILASHVILI: [PAUSE] hand.

4 CORREA: [PAUSE] against his hand.

5 DR. MIRILASHVILI: This one. So, less power on the left side.

6 CORREA: You have less power on the, on the [PAUSE]

7 [VOICES OVERLAP]

8 DR. MIRILASHVILI: Set your leg straight. Now, bend your knee and let me see
9 [PAUSE]

10 CORREA: Bend your knee [PAUSE]

11 DR. MIRILASHVILI: [PAUSE] this way [PH].

12 CORREA: [PAUSE] against his hand.

13 DR. MIRILASHVILI: Okay. Straight!

14 CORREA: Raise your leg.

15 DR. MIRILASHVILI: Now bend.

16 CORREA: Now bend it.

17 DR. MIRILASHVILI: No problem on [NOISE] the left. Very interesting.

18 CORREA: [UNINTELLIGIBLE].

19 DR. MIRILASHVILI: [PAUSE] Well, you got damage on both sides. This nerve
20 [UNINTELLIGIBLE] both sides.

1 CORREA: Your nerves are uh, damaged on both sides.

2 DR. MIRILASHVILI: And he got no sensory here, [NOISE] in the right side.

3 CORREA: You have no sensor on the right side.

4 DR. MIRILASHVILI: And... but you got the right motor function on the right
5 side.

6 CORREA: The... motor, the motor on that side are functioning more than the
7 ones on this side.

8 DR. MIRILASHVILI: He has good uh, less motor function on the left side and
9 good sensory on the left side.

10 CORREA: The motor on this side uh, is better, but... is worse, but the sensor
11 is working better.

12 DR. MIRILASHVILI: Okay, listen to me... if I would be you I would think about
13 the surgery as soon as possible.

14 CORREA: If he was you he thinks you should have surgery as soon as
15 possible.

16 DR. MIRILASHVILI: Because... Yes, surgery. Because you fell, because your
17 nerve was rumbling. Your nerve was damaged and because
18 when you playing [NOISE] you don't feel the leg and you
19 fell.

20 CORREA: Okay, when you fell... because your, your nerves are damaged on
21 one side which was when you fell when you were playing.

22 CS: Okay.

23 DR. MIRILASHVILI: You understand? So what I will do first, I'll give you
24 enough medication to keep you comfortable.

25 CORREA: He's going to give you enough medication to, to keep you calm.

1 DR. MIRILASHVILI: Number two [PAUSE]

2 [VOICES OVERLAP]

3 CS: Alright, alright.

4 DR. MIRILASHVILI: [PAUSE] number two, I'll refer you to a specialist uh, uh,
5 we call uh... interventional pain management and an
6 orthopedic doctor to see if they can remove the cause of
7 your problems.

8 CORREA: He's going to give you a referral to see an interventional doctor and
9 an orthopedic doctor to see [RUSTLING SOUND] if he
10 can fix [PH] the, the, the problem you have.

11 DR. MIRILASHVILI: I'll send you for rehabilitation therapy, hydro therapy, to
12 rebuild your muscle, rebuild your ligaments.

13 CORREA: He's going to send you to another therapist that's called hydro
14 therapy, that's a doctor who's going to see you in the, in the
15 pool so that way it, it can help your muscles and ligaments
16 get stronger.

17 DR. MIRILASHVILI: Now, what you have to do, number one, weight loss.

18 CORREA: Number one, he wants you try loosing weight.

19 DR. MIRILASHVILI: As much as possible. [PAUSE] Number two, do not jump,
20 do not run, no more basketball.

21 CORREA: Don't run, don't jump and don't play any more basketball.

22 DR. MIRILASHVILI: Any time you're jumping, running you will displace the
23 disc more and more.

24 CORREA: If you keep playing your disc will, will continue to come out more
25 and more.

26 DR. MIRILASHVILII: Okay?

1 CS: Okay.

2 DR. MIRILASHVILI: Now, do not lift or carrying any heavy loads. If you carry
3 any heavy loads you're squeezing your damaged nerve
4 more and more.

5 CORREA: Don't lift weights, don't lift weights, heavy uh, things or anything
6 like that because like that you'll put more and more weight
7 on your spine.

8 DR. MIRILASHVILI: Okay?

9 CS: Okay.

10 DR. MIRILASHVILI: Now, pain. Pain doesn't matter where is originate from. It
11 has to go from peripheral [PH] to spinal cord [PAUSE]

12 CORREA: It doesn't matter where the pain is from, it will always go to
13 the back, to, to your spine.

14 DR. MIRILASHVILI: From spinal cord it has to go to your brain [PAUSE]

15 CORREA: From your spine it will go up to, to your, to your mind.

16 DR. MIRILASHVILI: From brain is compute to receive, analyze information and
17 sending the pain where it's supposed to be.

18 CORREA: Your mind works like a computer and then your, your mind sends
19 it back to your spine where the pain is.

20 DR. MIRILASHVILI: Because your pain is lasting more than six months
21 [PAUSE]

22 CORREA: Because you've had your pain for more than six months [PAUSE]

23 DR. MIRILASHVILI: [PAUSE] your pain become chronic pain.

24 CORREA: [PAUSE] your pain is chronic.

1 DR. MIRILASHVILI: To properly control your chronic pain I have to shut down
2 your pain and spinal cord to give you the Duranten
3 [PHONETIC]a hundred milligram, twice a day.

4 CORREA: He's going to give you Duranten[PHONETIC]... How many
5 milligrams, a hundred?

6 DR. MIRILASHVILI: A hundred.

7 CORREA: A hundred milligrams, two pills a day so, so your pain can... go to
8 sleep quickly.

9 DR. MIRILASHVILI: To shut down your descending pain [UNINTELLIGIBLE] I
10 have to give you Elavil ten milligrams, twice a day.

11 CORREA: He's going to give you um, Elavil um... ten milligrams, twice a
12 day so it can help you too.

13 DR. MIRILASHVILI: I'm giving you the Oxycodone, thirty milligrams, three
14 times a day to shut down your
15 [UNINTELLIGIBLE]ascending pain as the immune
16 [PHONETIC] receptor in the brain.

17 CORREA: And he's going to give you Oxycodone, thirty milligrams, three
18 pills a day that way it'll put the pain to sleep completely.

19 CS: Uh-huh.

20 DR. MIRILASHVILI: Any question?

21 CORREA: Do you have a question for him?

22 CS: No [PAUSE]

23 [VOICES OVERLAP]

24 DR. MIRILASHVILI: And, and [PAUSE]

25 CORREA: [PAUSE] no.

1 DR. MIRILASHVILI: [PAUSE] muscle relaxant, Robaxin, to reduce your muscle
2 spasm.

3 CORREA: And he's going to give you... Robaxin, which is for the muscles so
4 it can help you with the muscles.

5 DR. MIRILASHVILI: Okay?

6 CS: Thank you, sir.

7 [RUSLTING SOUND]

8 [LONG PAUSE]

9 DR. MIRILASHVILI: Which hospital do you want to go to be seen by a [PAUSE]
10 [VOICES OVERLAP]

11 CORREA: [CLEAR THROAT]

12 DR. MIRILASHVILI: [PAUSE] specialist?

13 CORREA: What hospital do you want to go to, to see the specialist?

14 CS: Anyone.

15 CORREA: Where should he put you, in Man, in Manhattan or in the Bronx?

16 CS: Manhattan.

17 DR. MIRILASHVILI: Where [PAUSE]

18 [VOICES OVERLAP]

19 CORREA: He said [PAUSE]

20 DR. MIRILASHVILI: [PAUSE] in Mount Sinai,

- 1 CORREA: [PAUSE] Man [PAUSE]
- 2 DR. MIRILASHVILI: [PAUSE] [UNINTELLIGIBLE], Beth Israel, where
3 [PAUSE]
- 4 CORREA: No, no [PAUSE]
- 5 DR. MIRILASHVILI: [PAUSE] you want?
- 6 CORREA: [PAUSE] he wants to go in Manhattan. Um, St. Lukes,
7 Presbyterian [UNINTELLIGIBLE] [PAUSE]
- 8 [VOICES OVERLAP]
- 9 CS: Uh-huh.
- 10 CORREA: St. Lukes?
- 11 DR. MIRILASHVILI: St. Lukes, yeah.
- 12 CORREA: St. Lukes.
- 13 [PAPER SHUFFLING SOUND]
- 14 [LONG PAUSE]
- 15 DR. MIRILASHVILI: What's going on? Why they amputated [PHONETIC]?
16 [NOISE] [UNINTELLIGIBLE]. [BACKGROUND:
17 TELEPHONE RINGS] [UNINTELLIGIBLE].
- 18 CS: [COUGHS]
- 19 DR. MIRILASHVILI: Look here, I'm sending you [PAUSE]
- 20 CORREA: Come, so you can see what he's doing.
- 21 DR. MIRILASHVILI: [PAUSE] for hydrotherapy swimming pool[COUGHS] to
22 rebuild your muscle and rebuild your ligaments.

1 CORREA: The one he marked there is called hydrotherapy. That's therapy
2 they're going to give you in a pool to help you with your
3 muscles and your ligaments.

4 DR. MIRILASHVILI: I'm sending you for interventional pain management
5 doctor, specialist, to see if they can remove the cause of
6 your problem.

7 CORREA: That's the interventional doctor. He's going to send you there to
8 see if they help you with the pain you have.

9 DR. MIRILASHVILI: And this is for Orthopedic doctor to see if nothing works,
10 then Orthopedic doctor has to consider to do the surgery to
11 remove the nerve entrapments [PH].

12 CORREA: That's the, the Orthopedic. If nothing else works for you, you'll go
13 see him to see if they give, give you surgery to help you.
14 Now, the numbers he's putting in the bottom indicates the
15 problems you have so that when the doctor sees that he'll
16 know the problems you have.

17 CS: Okay.

18 DR. MIRILASHVILI: Thank you sir.

19 CORREA: You're welcome. [COUGHS]

20 DR. MIRILASHVILI: What's today uh, twenty-seven?

21 CORREA: Yeah.

22 DR. MIRILASHVILI: Yeah. [BACKGROUND: TELEPHONE RINGS] [LONG
23 PAUSE] Okay, which pharmacy does he want to go for this
24 medication?

25 CORREA: What pharmacy do you want to go to for your medication?

26 CS: Uh, use [PAUSE]

1

[NOISE]

2

DR. MIRILASHVILI: Is there insurance to balance the [PAUSE]

3

CORREA: Do you have [PAUSE]

4

DR. MIRILASHVILI: [PAUSE] expense?

5

CORREA: [PAUSE] do you have, do you have insurance to pay for your medication?

7

CS: No, cash.

8

CORREA: No, cash.

9

DR. MIRILASHVILI: You want to go where, Manhattan, Bronx?

10

[VOICES OVERLAP]

11

CORREA: You want to go to Manhattan or...?

12

CS: Manhattan, whatever [PAUSE]

13

CORREA: Manhattan.

14

CS: [PAUSE] Manhattan.

15

DR. MIRILASHVILI: Okay, okay. [UNINTELLIGIBLE]. [PAUSE] You want to go to Queens?

17

CS: Yeah, yeah, Queens.

18

DR. MIRILASHVILI: Queens?

19

CS: Yeah.

20

DR. MIRILASHVILI: Okay. [NOISE] And this is the Queens pharmacy's name.

1 CORREA: He's going to give you the name and address for... for the
2 pharmacy, which is in Queens.

3 [LONG PAUSE]

4 DR. MIRILASHVILI: Okay. Can you write for him this address please? Okay.
5 Write him for this address. [UNINTELLIGIBLE]
6 pharmacy... [PAUSE] telephone... [LONG PAUSE]
7 Okay? Also [UNINTELLIGIBLE] [PAUSE]

8 [VOICES OVERLAP]

9 CORREA: The pharmacy in Queens, this is the phone number if anything.

10 DR. MIRILASHVILI: Tell him [NOISE] [UNINTELLIGIBLE] here for
11 [UNINTELLIGIBLE].

12 CORREA: You can also come here to do...

13 [VOICES OVERLAP]

14 CS: Okay.

15 DR. MIRILASHVILI: [PAUSE] therapy.

16 CS: Okay.

17 DR. MIRILASHVILI: Thank you very much, sir. Any questions? Any [PAUSE]

18 [VOICES OVERLAP]

19 CORREA: Do have questions [PAUSE]

20 DR. MIRILASHVILI: Questions?

21 CORREA: [PAUSE] for him?

22 CS: Huh?

1 CORREA: If you have questions for him?

2 CS: No, no.

3 DR. MIRILASHVILI: Thank you. See you in four weeks.

4 CORREA: I'll see you in two weeks. Wait for him outside while... he writes
5 up the prescriptions.

6 DR. MIRILASHVILI: And I'll give you this one and your [UNINTELLIGIBLE]

7 CS: Okay.

8 CORREA: You're welcome.

9 [LONG PAUSE]

10 [BACKGROUND: UNIDENTIFIED VOICES, PAPER SHUFFLING SOUNDS,
11 TELEPHONE RINGS]

12 [END OF CONVERSATION]

13